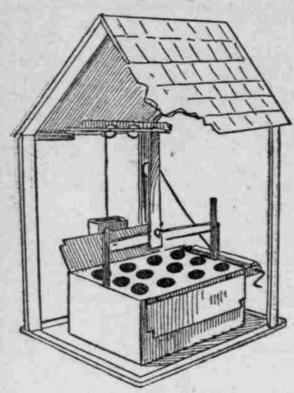
AGRICULTURAL HINTS

HANDY DAIRY WELL. Description of an Excellent Cooler for

Small Dairymen. A well for keeping dairy products and also fresh meats is a desideratum on many farms. For ordinary use the well should be dug 4 by 6 feet, with a gutter or groove, down one side, 18 inches square. It should contain 2 or 3 feet of standing water. It should be in easy reach of the kitchen, and attached to the house if possible. The curbing should be no larger than the well. A platform, which fits inside the well, slides up and down between two tim- Jersey has a law now in force, however, bers, which rest on the bottom of the that illustrates how properly this burwell and are long enough to reach up der can be divided between the individthree inches above the curb. These ual and the community so that it falls two timbers should be planed. The lightly upon the farmer. This law apframework of the platform has a portions the cost of all road improveboard nailed on each side of it, forming ments as follows: One-third is paid by a groove which fits on the upright tim- the state, one-tenth by the individual



HANDY COOLER FOR DAIRYMEN.

circular black spots on the platform piece that holds the wheel, over which heavy weight attached, to assist in of untold benefit to millions of people. raising the platform from the bottom | -Washington Star. of the well with heavy loads. These weights go down inside a box formed of four wide planks which occupy the gutter or groove. One lid opens up against the weight box, and fastens with a thumb bottom. The other is curb when open.-Farm and Home.

ABOUT MILK FEVER.

How to Prevent a Disease That Ha Killed Thousands of Cows.

Milk fever is a disease to be dreaded by the man who has first-class dairy cows, and who feeds and cares for them in such a manner as to make them large producers. The man with scrub cows, that have to rustle for themselves during the winter round the straw stack, when his cows come in in the spring. It is true he gets no profit out of his now growing up on the farm is to be cows, and he rarely gets product enough care they do have. But he can and does console himself by saying he never has milk fever with his cows like those men do who "stuff and pamper and baby their cows."

several valuable cows with this disease. future. Organized effort, in which the We think we now know how to prevent. wheelmen of the town and the farmer A heifer with her first calf never has it of the country should stand shoulder to and very rarely with the second half. shoulder, must be put forth if substan-A cow that is milked continuously, tial advance is to be made. With the right up to calving, is not liable to have harvests out of the way, there should be milk fever, at least, we have never set on foot a movement looking to this known one to. We hesitated to write end. that last sentence for fear some one will never have milk fever.

nearly if not quite all the grain from | Farmers' Voice. her. Her bowels should be kept loose. If the cow is in flush pasture, and she is one you have reason to believe likely to have milk fever, the only safe way to do would be to keep her upon dry feed. De know it is hard for the man who has been in the habit of "babying" and petting his cows and feeding them to their full capacity to refuse them all they want to eat, but it is the only safe way to do with some of them. After a cow this, if given with enough hay or straw conveyed for centuries. With drifting has had milk fever once she is more liable than other cows to have it again, and if she does have it a second time she will be always most sure to die .-Hoard's Dairyman.

Sorghum for the Silo.

persede corn in cheapness and value, cheaper nutrition is not half so widely whose ruins are strung along the valsorghum is a formidable rival to it for extended as it ought to be. If it were ley is a question not yet settled by fodder, especially when put up in the there would be a better demand for archaeologists. Aztecs or Toltees, or silo. It stands drought better, which is grain and it would sell at better prices. each in their turn, probably tarried likely to make it popular in the arid | -American Cultivator. portions of the west, where corn often fails. The sorghum has too tough a stalk to feed green, but when cut and put in the silo there is enough fermensugar they eat.

ter and proper care, is the surest pre- your fruit, and allow it to become cool, ventive of bitter milk. Weeds, especially ragweed, cause bitter milk.

to store fruit.

Water will often save a dying tree or Tine.

THE COST DIVIDED.

New Jersey's Road Improvement Law

Is Just and Fair. The farmers of the country are gradually going over to the belief that good roads are for their personal benefit and there is a decided change of sentiment along the line in many of the states. One of the chief obstacles to the reform has been the fear of the farmers that the cost of highway improvements would fall chiefly on them and as they feel that they are already burdened heavily enough they resist the passage of good-roads laws with their local influence and their votes often to the defeat of these worthy projects. New bers at each end of the wall. This beneficiary of the improvement, the makes it rigid and keeps it level. The owner of the abutting property, and the remainder by the county in which the improvement occurs. Reduced to a scale of thirtieths the state pays ten parts, the individual three parts and the county seventeen parts. Stated in 000 square miles, has only 2,700 miles dreds of dependents, possessed numerstill another way the various burdens are more easily appreciated. The average cost of repairing a road with a macadam finish is about \$3,000 a mile, almost exactly of the same size, and the hut he would put on all of his clothes, Of this sum the county would pay \$1,. 700, the state \$1,000 and the individual \$300. It is to be remembered that the ta has only 1,300 miles of railroad "He came to me to be photographed \$300 in this case is usually divided half a mile along a highway, and the mont an area of only 9,000. tax is assessed on the owners on each sure he pays as well his share of the than in Ireland), is less than that of fortable. county tax and in less proportion his New York, Pennsylvania and Ohio. just even with the top of the curb, an of the owners of the abutting property. country while others are neglected. In use. fron pin is inserted through it and the Such laws as this, if copied in other Connecticut, for instance, the present top bar of the platform frame, and states, would probably result in an imand two wheels. This rope has a roads in every section, an improvement in the same period the railroad mile-

RURAL EXISTENCE.

Building of Good Roads Will Make It Delightful Indeed.

Wherever experiments in rural mail dehinged so as to hang down beside the livery have been made it has been found towork most successfully-during clear weather when the roads were all right. Which indicates how indissolubly linked together are the problems of good roads and the uplift of the social life of the farm.

The time has come when the American farmer must sit down to think out this question of good roads and how to get them. It is not an exaggeration to say that to the future of American agriculture few things bear so important a never suffers from loss by milk fever relationship as does the question of good roads. Indeed, if the generation kept on the farm, better social advanfrom them to pay for the little feed and tages will be found absolutely necessary; and what single thing could contribute so much as good roads to the

elevation of life upon the farm? But the whole question is being discussed in a desultory and indeterminate We have lost, within the past 15 years, way, which promises nothing for the

With good roads farm life will have would accuse us of advocating continu- all the delights of rural existence, to ous milking. That we do not, but still which will be added the advantages of feel bound to state that fact. A cow that the town, of a daily mail, of social inis starved, or fed just enough to live on, tercourse with neighbors, of musicales and lectures brought near. Good roads Our way is to dry the cow up six or | will transform the farm, which so many eight weeks before she is due to calve now desert for the city, into the most (unless she is such a persistent milker attractive of homes, and give once more as to make that impracticable); at the to agriculture first place among the same time reduce her feed, by taking professions and occupations of life .-

Grain Cheaper Than Hay.

It is undoubtedly a serious loss have so much of the hay crop injured by excessive rains, as has been the case the present year. Yet this may be in or cornstalks to distend the stomach, grain is better food because more easily plainly indicated on the face of the of the nutrition goes to sustain animake flesh or milk or fats. The knowl-While no kind of grain as feed can su- edge that some grain with hay makes out the canals and built the towns

Waldorf Fruit Salad.

Take half a pound of cherries, the sticks and stones having been removed. tation to soften the stalks so that they some fresh strawberries and raspbercan be eaten. The sweetness of the ries, with a few slices of pineapple, onesorghum furnishes carbonaceous nutri- quarter pound of white and red curment just as does the starch of corn rants. Sprinkle over the fruit plenty of grain, and in even more palatable form. pcwdered white sugar, four tablespoon-Wherever cane sugar is made in the fuls of brandy and two tablespoonfuls south the workmen who attend the of maraschino; shake and stir the fruit grinding always grow fat from the about lightly until the sugar is dissolved, then add the strained juice of two oranges. Take a thin china basin, Clean pastures, with good, clean wa- which has been placed in ice, pour in then serve. The fruits that compose such a salad of course vary with the season, but the method of treatment Ventilate the cellar in which you are for any mixture of fruits is substantially the same. - Boston Globe.

> Trees for planting can never be bought cheaper than they can this fall.

OUR RAILROAD MILEAGE.

Country and Growing Unevenly. New York is the first of the states in respect of population, Pennsylvania is second. Texas is the largest of the states, California is the second largest. Yet neither New York, Pennsylvania. Texas nor California stands first in respect of railroad mileage; that distinction belongs to Illinois. The railroad mileage of Illinois exceeds 10,-600. The significance of that figure may be understood when it is known that the railroad mileage of Russia is only 25,000. Second in the list of states in railroad mileage is Pennsylvania. New York comes sixth, Kansas, Iowa and Ohio being ahead of it. Kansas has a railroad mileage of 8,900; Iowa of 8,500; Ohio, of 8,700, and New York of 8,200. The railroad mileage of New York, small as it is by comparison with that of some other states, is large when compared with that of some European ters as large as that of the Empire which happened to him down there. them is in favor of Utah, but Minneso- be.

age of Florida has increased from 518 road trackage since 1880; so has Kentucky; but Washington state has increased its mileage in the same period from 289 miles to 2,890 miles.

It is supposed popularly that there has been less railroad development in the south than in many of the northern states, but the contrary is true. From 1880 to 1895 the railroad mileage of the middle Atlantic states-New York, New Jersey, Pennsylvania, Delawure and Maryland-increased 50 per cent., and that of the five north central railroad is \$65,000 .- N. Y. Sun.

PREHISTORIC CANAL BEDS. Long Buried Irrigation System in Arizona Uncovered.

A western correspondent furnishes something doubly curious about the engineering resources of the ancient dustrial era:

"During my last visit to Arizona I

saw in the Salt river valley a sight that would strike a stranger as queer. A steam dredging scow, such as is used in deepening rivers and harbors for navigation, was voyaging slowly and steadily through a wide strip of arid desert. It was started landward from Saltriver, and was excavating its own channel ahead, the river waters following and floating it as it advanced. But the work done was not, in fact, the making of a new channel, but the digging out of an old one, the irrigating canal made by a civilized people that lived and flourished and departed before recorded American history began. That there was a time when this wide valley, now being again redeemed to man, was a garden of plenpart made an advantage to farmers if ty, teeming with inhabitants, is shown it turns their attention to grain as by the extensive and regular system of a cheaper source of nutrition than broad canals leading from the river, even the best hay can be. More than | through which water for irrigating was sand and earth, these canals still are digested. In the coarser fodder so much ground, and so skillfully were they planned and built that modern engimal heat or the processes of digestion, neering science applied to irrigation that comparatively little is left to can do no better than retrace their course and restore them. What racelaid here in their centuries and southward to the valley of Mexico, and the ruins may be of an older people than either of them."-Mining and Scientific Press.

Weeds Good to Eat.

A botanist insists that many neglected American weeds are good to eat. The tender young shoots of milkweed are said to be as delicious as asparagus, with similar valuable properties. Pigweed is related to beets and spinach. The nettle is well flavored, though somewhat coarse and stringy, which argues that the donkey may be more of an epicure than is supposed. It is suggested that every weed has an honest value if it could only be discovered .--St. Louis Globe-Democrat.

German Nation Grows.

The annual increase of the German nation during the last five years has been more than five times as much as that of the French.-Chicago Chronicle WHERE THEFT IS LEGAL.

Irregularly Distributed Over the Land Where a Man Wears All His Clothes in Order to Keep Them.

A land where wholesale thieving is legalized and where the sixth commandment has never had any recognition is the queer little republic of Herero, situated in the Damaealand region of South Africa, near the domains of Paul

Neither love nor money in any quantity could buy even an inch of ground in the republic of Herero, for everything there is common property. Even the birds of the air, the fishes of the river and all the game of the woods are common property.

One man cannot safely own even two shirts in Herero, for so great is the liberality of communistic freedom that unless a man keep his personal belongings directly under his eve his neighbor is at perfect liberty to help himself.

Rev. Carl G. Buttner, a German miscountries. The mileage of Spain, a na- sionary, has made a study of these odd tion of 16,000,000 people, is only 7,500 people, and he illustrates the absurd and that of Portugal is but 1,500, lengths to which the communistic printhough the population is three-quar- ciple is carried by telling of an incident

state. Montana, with an area of 146,- "A wealthy old chief who had hunof railroad, while New Jersey, with ous articles of European clothing withonly 7,800 square miles, has 2,200 miles out owning one complete suit of clothes, of railroad. Utah and Minnesota are yet every time he went out from his little difference which exists between no matter how hot the weather might

while Utah has 6,000. Nevada and Ver- one day, having on a pair of shoes, three among several persons, as few proper | mont have almost to a mile the same | pairs of thick moleskin trousers, a ties in this section of the country ex- railroad mileage, but Nevada has an waistcoat over an indefinite number of tend for much more than a quarter or area of 110,000 square miles and Ver- shirts, a large shawl around his body, a thick jacket, a shawl around his neck, The total railroad mileage of Eng- with a large dressing gown over the side of the road. Thus it will frequent. land is 14,000, less than that of Illinois | whole, and on his head a kerchief, a ly occur that the individual will pay di- and Indiana together, and the total Calabrian cap and a velvet cap with rectly for a first-class road in front of mileage of the United Kingdom, Eng- pearl ornaments, and all this in a heat his property and for a mile adjacent land, Scotland and Ireland (there is a in which his aboriginal nakedness such a small sum as \$40 or \$50. To be larger railroad mileage in Scotland would have made him much more com-

"When I asked him why he wore so represent openings for vessels. The part of the state tax, but these burdens The disparity between the states in the many things at once he said that he are comparatively light and easily matter of railroad building is increas- was afraid that if he left the garments the rope passes to the windlass, is pro- borne. These improvements in New ing, for new lines are being pushed at home the members of his household gates. Standing by while she snapped the longed so that when the platform is Jersey are undertaken on the petition constantly in some sections of the would appropriate them to their own

"If a man's clothing is put into a box railroad mileage has increased less or trunk and the cover is securely tied holds it there. There is another rope mediate betterment of the country than 100 in the last 17 years, though down they would be entirely safe, for the Herero law makes it stealing to take clothing thus secured, but if the lid is to 3,000. Virginia has doubled its rail- left open or is not tied down the law allows anyone to help himself to whatever he pleases.

> "Any man can build a house for himself on any plot he finds vacant, and the house and plot are his own property as long as he personally occupies them, and no other man can come along and force the first man out."-N. Y.

Prejudice Easily Overcome.

A curious incident characteristic of the proverbial conservatism of the states-Ohio, Michigan, Indiana, Illi- Chinese occurred when the first cable nois and Wisconsin-60 per cent. But | was laid along the coast from Peking | in the same period the railroad mile- to Shanghai. Soon after it was laid a age of what are called the Mississippi lottery drawing came off in Peking, in she is spoke."-Chicago Chronicle. valley states-Louisiana, Mississippi, which many of the residents of Shan-Alabama, Kentucky and Tennessee- | ghai held tickets. One of the gamblers increased 100 per cent., and the rail- so far overcame his distrust of the cable road mileage of the South Atlantic as to have the winning numbers sent states-Virginia, North Carolina, South | him, and he bought the tickets bearing | Carolina, Georgia, West Virginia and them from his more skeptical towns-Florida-increased 120 per cent. The men, realizing a small fortune on the average cost of constructing a mile of transaction. At about the same time there was a scanty rice crop in the upper provinces, and a Shanghai merchant telegraphed to Peking instructions to buy heavily, the ultimate result being that he sold out at an immense profit and retired in opulence. After two or three practical lessons of this nature the Chinese came to the realization of past, and the contriving abilities and the fact that the telegraph is a good resources in the west in the present in- thing to have around .- Telepraph Age.

Altogether Improbable. A story has traveled lately about a stenographer writing 402 words in one minute, but the first question that suggests itself is who is able to enunciate 402 words in a minute for the stenographer to write? Clergymen, in delivering sermons, average perhaps 90 words per minute; political campaign speakers, 110. As a rule, senators in debate don't talk faster than 150 words a minute, and, in spurts, they seldom reach 220. In fact, very rapid readers find difficulty in uttering intelligibly 275 and 300 words in 60 seconds .- Kansas City Star.

THE MARKETS.

LIVE STOCK-Cattle, common \$ 2 25

CALVES-Fair to good light...

CINCINNATI, Sept. 6.

3	HOGS-Common	0	90	(II)			L
	Mixed packers	9	25	@	4	35	1
	Light shippers	4	40	(0)	4	50	I
3	SHEEP-ChoiceLAMBS-Good to choice	3	00	(C)	3	30	ı
	LAMBS—Good to choice	5)	00	(0)	9	50	Ł
3	FLOUR-Winter family GRAIN-Wheat-No. 2 red	3	75	(C)	4	00	t
	GRAIN-Wheat-No. 2 red			00		90	L
	NO. 5 red			W		2743	1
	Corn-No. 2 mixed Oats-No. 2			(a)		31光	F
1	Oats-No. 2			66		19	Ł
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,	BUTTER-Choice dairy		10	an an		11	L
	Prime to choice creamery APPLES—Per bbl POTATOES—Per bbl	2	50	a	6	20	L
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			90	100	÷	10	L
	NEW YORK.						ł
1	THE OTTO THE CONTRACTOR	5	35	60	5	65	ı
201	No. 2 red	-	***	(n)	1	02%	L
l	CORN-No. 2 mixed			(a)		35%	L
3	RYE			60		4116	L
	OATS-Mixed		234	san		2334	ı
	RYE OATS-Mixed PORK-New Mess	9	50	a.	9	75	Н
	LARD-Western		9777	0	5	25	1
	Commence of the Commence of th						ı
Н	CHICAGO. FLOUR—Winter patents GRAIN—Wheat—No. 2 red No. 2 Chicago spring CORN—No. 2 OATS—No. 2		24.45			-	L
	FLOUR-Winter patents	5	00	@	5	20	1
	GRAIN-Wheat-No. 2 red		941	200		96	ŀ
	No. 2 Chicago spring		945	500		971/2	1
	CORN-No. 2			(0)		30%	ŀ
	CORN-No. 2 OATS-No. 2 PORK-Mess LARD-Steam		p.w	(a)		1954	ŀ
ĕ	PURK-Mess	8	80	00	8	90	Ł
	LARD-Steam			@	4	10	Ł
1	FLOUR-Family GRAIN-Wheat-No. 2 Southern-Wheat Corn-Mixed Oats-No. 2 white						I
3	FLOUR-Family	4	50	@	4	90	ı
۱	GRAIN-Wheat-No. 2		983	100		98%	Ŧ
-	Southern-Wheat		95	@	1	00	1
ı	Corn-Mixed		354	600		35 %	Ŧ
3	Oats—No. 2 white Rye—No. 2 western. CATTLE—First quality HOGS—Western			0		24	ı
ŝ	Rye-No. 2 western		sk.	@		50%	ı
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d	LOUISVILLE.		1	511			i
-	FLOUR-Winter patent	3	75	0	4	00	1
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8	Corn-Mixed			er		3154	18
	Oats-Mixed						
ш	PORK-Mess			ta	9	00	

THE HEAT PLAGUE OF AUGUST, 1896.

Mrs. Pinkham's Explanation of the Unusual Number of Deaths and Prostrations Among Women.

The great heat plague of August, 1896, was not without its lesson. One could not fail to notice in the long lists of the dead throughout this country, that so many of the victims were women in their thirties, and women between forty-five and fifty. The women who succumbed to the protracted heat were women whose energies were exhausted by sufferings peculiar to their sex; women who, taking no thought of themselves, or who, attaching no importance to first symptoms, allowed their female system to become run down. Constipation, capricious appetite, restlessness

forebodings of evil, vertigo, languor, and weakness, especially in the morning, an itching sensation which suddenly attacks one at night, or whenever the blood becomes overheated, are all warnings. Don't wait too long to build up your strength, that is now a positive necessity! Lydia E. Pinkham's Vegetable Compound has specific curative powers. You cannot do better than to commence a course of this grand

medicine. By the neglect of first symptoms you will see by the following letter what terrible suffering came to Mrs. Craig, and how she was cured:

"I have taken Lydia E. Pinkham's Vegetable Compound and think it is the best medicine for women in the world. I was so weak and nervous that I thought I could not live from one day to the next. I had prolapsus uteri and leucorrhœa and thought I was going into consumption. I would get so faint I thought I would die. I had dragging pains in my back, burning sensation down to my feet, and so many miserable feelings. People said that I looked like a dead woman. Doctors tried to cure me, but failed. I had given up when I heard of the Pinkham medicine. I got a bottle. I did not have much faith in it, but

thought I would try it, and it made a new woman of me. I wish I could get every lady in the land to try it, for it did for me what doctors could not do."-Mrs. SALLIE CRAIG, Baker's Landing. Pa.

ENGLISH AS SHE IS SPOKEN. One Way to Spell Tomatoes, Five to Pronounce It.

One word in its time has many pronunciations. For instance: Mrs. Housekeep the other day was doing her morning's marketing. With her had come the stranger who was spending a week or two within her beans between her fingers to see that they The cows were standing about placidly, and, were tender, parted the husks to make sure that the corn was ripe, pulled the pears out of their paper wrappings and conducted herself generally after the manner of a careful housewife, was the clerk, order book in hand, and obsequiousness on his brow. The visitor began it with: "These tomaytoes look nice. Get some-

there's a dear! To which Mrs. Housekeep replied: "Why, certainly, if you like them!" Then to the "How much are tomahtoes this

"I'm not sure; I'll ask. Jim," calling to a fellow clerk, "how much is them termait-"I'll ask the boss. Say," passing the word further back, "watcher gettin for tomattoes to-day?

"T'mats? O, two baskets for a quarter, Therefore, to please her guest who loved "tomaytoes," Mrs. Housekeep invested in some "tomahtoes" and Jim, who was investigating the price of "tomattoes" for the benefit of a fellow clerk who wanted to know how to sell "termaiters," lightened as to what he should charge for 't'mats." And the bystander was left marveling at the infinite variety of "English as

Where He Agreed with Him. "What! What!"

The irate old man choked with indigna-

"You want to steal my child from me, to rob me of my daughter? Why sir!-' His rage got the upper hand of him, and he gasped some more-

"Rascal is no name for you!" The young man was perfectly calm "You bet it isn't," he said, slowly; "and if anybody says otherwise there's liable to be

In the face of such sublime gall what could the old man do?-Puck.

An Expensive Bovine Habit. Among the number of Baltimore fresh air fund children who passed through Washington a few days ago, bound for the cool hill country of Virginia, there was one little fellow who found the very best quarters in a hospitable farmhouse at Front Royal. When the cows came up in the evening to be milked, so a friend down there writes me, the little Baltimore boy went down to the barnyard with his host to see the operation. as is their custom at that time of the day, were contentedly chewing the cud. The boy watched the milkmaids at work, and his eyes dwelt with growing wonder on the ceaseless grind of the cows' jaws. At length he turned to his host and said:

"And do you have to buy gum for all them cows?"—Washington Post.

lew Through Passenger Route for Colorado, Utah and California.

The Chicago Times-Herald of August 27 says that on September 12 the new traffic alliance between the Chicago, Milwaukee & St. Paul railway and the Chicago, Rock Island & Pacific railway goes into effect, and on that date the former will send its first Denver sleeper out of Chicago. This will be attached to its regular night train for Omaha, and will be delivered there to the Rock Island. On October 2 the tourist car route over these two lines, the Colorado Midland and Southern Pacific, will be inaugurated. Tourist cars will be run once a week between Chicago and San Francisco, For further details regarding this new route call on or address Geo. H. Heafford, General Passenger and Ticket Agent, C., M. & St. P. Ry., 410 Old Colony Building, Chicago, Ill.

Boundless Egotism.

"You ought to give up trying to sing. Don't your neighbors smash your windows when you sing of an evening?" said Gilhooly to a vocalist.

'They don't do that because my singing is bad; on the contrary, they smash my windows so they can hear better."—Tammany

Outdone.

Prof. Braintank-Newton was a great philosopher. By observing the mere fall of an apple he discovered the law of gravity. Smithers—That's nothing. By simply bit-ing an apple Eve discovered the gravity of law.—N. Y. Journal.

The Blue and the Gray.

Both men and women are apt to feel a little blue, when the gray hairs begin to show. It's a very natural feeling. In the normal condition of things gray hairs belong to advanced age. They have no business whitening the head of man or woman, who has not begun to go down the slope of life. As a matter of fact, the hair turns gray regardless of age, or of life's seasons: sometimes it is whitened by sickness, but more often from lack of care. When the hair fades or turns gray there's no need to resort to hair dyes. The normal color of the hair is restored and retained by the use of

Ayer's Hair Vigor.

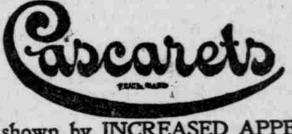
Ayer's Curebook. "a story of cures told by the cured."

100 pages, free. J. C. Ayer Co., Lowell, Mass.

YOU KNOW WELL ENOUGH HOW YOU FEEL WHEN YOUR LIVER DON'T ACT. Bile collects in the blood, bowels become constipated, and your whole

system is poisoned. A lazy liver is an invitation for a thousand pains and aches to

come and dwell with you. Your life becomes one long measure of irritability, despondency and had feeling.



ACT DIRECTLY, and in a PE-CULIARLY HAPPY MANNER ON THE LIVER and BOWELS. cleansing, purifying, revitalizing every portion of the liver, driving all the bile from the blood, as is soon shown by INCREASED APPETITE for food, power to digest it,

and strength to throw off the waste. ALL DRUGGISTS, MAKE YOUR LIVER LIVELY

BEFORE THE DAY OF

SAPOLIO

THEY USED TO SAY "WOMAN'S

WORK IS NEVER DONE."